

HINSLEY ZOOM HANDOUT 29th May 2021

Chant: Inner Life of Being

Lectio Divina:

"Very truly, I tell you, no one can enter the kingdom of God without being born of water and the Spirit.

What is born of the flesh is flesh, and what is born of the Spirit is spirit.

Do not be astonished that I said to you, 'You must be born from above.'

The wind blows where it chooses, and you hear the sound of it, but you do not know where it comes from or where it goes. So it is with everyone who is born of the Spirit."

John 3: 5-8

Final Reading:

*"Lord Jesus Christ:
Anoint me with Your Spirit so I can speak in love and act in truth.
Where I lack clarity, reveal Your will.
Where I presume to know, teach me simple trust.
Where I am impatient, remind me of your timelessness."*

Peter Traben Haas 2019 (4th edition) *Centering Prayers – A One Year Daily Companion for Going deeper into the Love of God.* Massachusetts, Paraclete Press. Pp. 105-106

Unity Prayer:

May God heal all divisions -- those within my own mind, heart, soul and body, and those between all people and groups -- that we may be one Body in Christ, unified in every way and on every level, and thus manifest the Living Christ by our very lives. Amen."

United in Prayer 2020 (Contemplative Outreach)