

Hinsley Zoom Handout 22 May 2021

Chant: Veni Sancte Spiritus

Readings from Heart of the World Thomas Keating Ch 13

When Jesus was talking to the Samaritan woman about the gift of God, he encouraged her to request that gift from him. He was sitting at the well as he spoke to her of the Spirit. The well is a symbol of what is deepest and most hidden, but which is our greatest potentiality – namely, our capacity to receive the Spirit, who communicates herself to us beyond thought and feeling in the substance of our spirit.

“If anyone thirst, let him come to me and drink. He who believes in me,” as the scripture has said, “Out of his heart will flow rivers of living water” (John 7:37-38). John tells us that Jesus was speaking of the Spirit when he said these words. The Spirit is the stream of living water that wells up in those who believe. We are immersed in God and God is immersed in us through the mysterious, all-enveloping, all-absorbing, all-embracing Spirit.

Jesus in his priestly prayer for his disciples pleaded “that they may all be one: as you, Father, are in me, and I in you, that they also may be in us” (John 17:21). It is the Spirit who causes us to be one in the body of Christ. We have all received the same Spirit, enlivening us, causing us to be in Christ, in the Father, in the Spirit – to be in Christ, not just with him.

We are in God and he is in us, and the unifying force is the Spirit. To live in the Spirit is the fulfilment of every law and commandment, the sum of our relationship with each other, and the joy of oneness with everything that is.

Final Reading: --Maire Pompe (Margaret Backup?)

We awaken in Christ's body,
As Christ awakens our bodies
There I look down and my poor hand is Christ,
He enters my foot and is infinitely me.
I move my hand and wonderfully
My hand becomes Christ,
Becomes all of Him.
I move my foot and at once
He appears in a flash of lightning.
Do my words seem blasphemous to you?
—Then open your heart to him.
And let yourself receive the one
Who is opening to you so deeply.
For if we genuinely love Him,
We wake up inside Christ's body
Where all our body all over,
Every most hidden part of it,
Is realized in joy as Him,
And He makes us utterly real.
And everything that is hurt, everything
That seemed to us dark, harsh, shameful,
Maimed, ugly, irreparably damaged
Is in Him transformed.
And in Him, recognized as whole, as lovely,
And radiant in His light,
We awaken as the beloved
In every last part of our body.

[Symeon the New Theologian \(949-1022\)](#)

Prayer for Unity - Tony

"May God heal all divisions -- those within my own mind, heart, soul and body, and those between all people and groups -- that we may be one Body in Christ, unified in every way and on every level, and thus manifest the Living Christ by our very lives. Amen."

Contemplative Outreach United in Prayer Day 2020