

## **Saturday 24 April 2021 - Handout**

### **Prayer before Centering Prayer**

*Father Son and Holy Spirit;  
Creator, Redeemer, and Sanctifier,  
Alive at the centre our being,  
We wish to surrender in love to you.  
May our sacred word which we shall pray,  
Whenever we become aware of anything else,  
Be a sign and symbol of our intention to consent  
To your divine presence and action within.*

### **Lectio: Luke 24: 28 - 32**

As they approached the village to which they were going, Jesus continued on as if he were going further. But they urged him strongly, 'Stay with us, for it is nearly evening; the day is almost over.' So he went in to stay with them.

When he was at the table with them, he took bread gave thanks, broke it and began to give it to them. Then their eyes were opened and they recognised him and he disappeared from their sight. They asked each other, 'Were not our hearts burning within us while he talked with us on the road and opened the Scriptures to us?'

### **Final prayer**

The beauty of the world is Christ's tender smile for us, coming through matter. (Simone Weil)

### **Unity Prayer**

May God heal all divisions -- those within my own mind, heart, soul and body, and those between all people and groups -- that we may be one Body in Christ, unified in every way and on every level, and thus manifest the Living Christ by our very lives. Amen." *United in Prayer 2020 (Contemplative Outreach)*