

## **Hinsley Zoom - Handout – Saturday 27 th February 2021**

### **Gospel Reading:**

*He then began to teach them that the Son of Man must suffer many things and be rejected by the elders, the chief priests and the teachers of the law, and that he must be killed and after three days rise again. He spoke plainly about this, and Peter took him aside and began to rebuke him.*

*But when Jesus turned and looked at his disciples, he rebuked Peter. 'Get behind me, Satan!' he said. You do not have in mind the concerns of God, but merely human concerns.'*

*Then he called the crowd to him along with his disciples and said: 'Whoever wants to be my disciple must deny themselves and take up their cross and follow me. For whoever wants to save their life will lose it, but whoever loses their life for me and for the gospel will save it.'*

Mark 8: 31-35

### **Chant and Centering Prayer**

#### **Chapter 2 – First Steps in Centering Prayer**

**Questions:** Starting page 24

From:

Fr Thomas Keating 2006 (20<sup>th</sup> Anniversary Edition), *Open Mind Open Heart*. London, Bloomsbury Publishing Plc. **Chapter 4 in earlier editions**

#### **Unity Prayer**

May God heal all divisions -- those within my own mind, heart, soul and body, and those between all people and groups -- that we may be one Body in Christ, unified in every way and on every level, and thus manifest the Living Christ by our very lives. Amen."

*United in Prayer 2020 (Contemplative Outreach)*