

BOOKS AND DIGITAL MEDIA

Fr Thomas Keating: Main Books Relating to CP

- *Open Mind Open Heart* - the standard introduction to Centering Prayer
- *Invitation to Love* - gives more background to the Spiritual Journey DVD series.
- *Intimacy with God* - takes a fresh look at things after you have been practising a few years.

Some Other Books by Fr Thomas

- *Active Meditations*
- *Divine Therapy and Addictions*
- *Fruits & Gifts of the Spirit*
- *Manifesting God*
- *Meditations on the Parables*
- *Psalms for Praying*
- *St Terese of Lisieux*
- *The Daily Reader for Contemplative Living*
- *The Better Part*
- *The Heart of the World*
- *The Human Condition*
- *The Word was made Flesh*

The full range of books by Fr Thomas can be found on the USA website.

www.contemplativeoutreach.org

You can buy some of these books here today. They can be also be ordered direct from CO America or from Amazon and other on-line stores.

The Spiritual Journey Transcripts

- **Part 1** : *Introduction, Developing Centering Prayer*
- **Part 2** : *Models of the Human Condition*
- **Part 3** : *Paradigms of the Spiritual Journey & The Story of Bernie*
- **Part 4**: *Contemplation, the Divine Therapy*
- **Part 5**: *Divine Love: The Heart of the Spiritual Journey*

These usually need to be ordered direct from the USA if Jill Benet does not have a copy.

Cynthia Bourgeault

- *Centering Prayer and Inner Awakening*
- *The Heart of Centering Prayer*
- *Mystical Hope*
- *The Luminous Gospels*
- *The Meaning of Mary Magdalene*
- *The Wisdom Jesus*
- *The Wisdom Way of Knowing*
- *Chanting the Psalms*

You can buy some of these books here today. They can be also be ordered direct from Cynthia Bourgeault's own website or from Amazon and other on-line stores.

David Frenette

- *The Path of Centering Prayer*

You can buy this book here today. They can be also be ordered direct from CO America or from Amazon and other on-line stores.

Classic Contemplative Books

- *The Cloud of Unknowing*
- *The Interior Castle* - St Teresa Of Avila
- *The Dark Night of the Soul* - St John of the Cross

Buy on-line.

Some authors who have written about Silence and the Contemplative life:

A Selection of their books.

- **Thomas Merton** - *What is Contemplation; The Seven Storey Mountain; No Man is an Island; Thoughts in Solitude etc.*
- **James Finley** - *Merton's Palace of Nowhere; The Contemplative Heart; The Beginner's Guide to Contemplation; Meister Eckhart's Living Wisdom: Indestructible Joy and the Path of Letting Go etc*
- **Richard Rohr** - *Falling Upwards; Immortal Diamond; The Naked Now; The Divine Dance etc*
- **Robert Fruewirth** - *Words for Silence; The Drawing of this Love- Growing in Faith with Julian of Norwich*
- **Llewellyn Vaughn-Lee** - *Prayer of the Heart;*
- **Robert E Kennedy** - *Zen Spirit, Christian Spirit; Zen Gifts to Christians*
- **Jean Vanier** - *Finding Peace; Becoming Human + another 31 books.*
- **Robert Sardello** - *Silence: The Mystery of Wholeness; Love and the Soul etc*

NB: This is only a small selection of authors and books available on the Contemplative Life. It is meant to be a guide not a definitive list.

Audio CDs/DVDs

These can normally be bought direct from the relevant sites, particularly the American Contemplative Outreach site www.contemplativeoutreach.org

WARNING:

- Ordering from the USA Contemplative Outreach website www.contemplativeoutreach.org can be very expensive. They prefer to use a courier service because historically, many items go astray in the post. This adds a substantial increase to the cost of a single item. There is an option to use the US postal service instead but if your item does go astray, you bear the cost of the loss.
- Additionally, in certain circumstances (depending on the cost of the items being imported) HM Revenue and Customs may impose import duties and / or a handling fee.