

Hinsley Zoom Centering Prayer gathering Saturday 27 June.

Prayer before Centering Prayer

Oh God of boundless love together we come as one before you that we may be one with you and with each other. Together we surrender and consent to your presence, action and love within us. Amen

Lectio Divina Passage

Jesus... asked his disciples, "Who do people say the Son of Man is?"

They replied, "Some say John the Baptist; others say Elijah; and still others, Jeremiah or one of the prophets."

"But what about you?" he asked. "Who do you say I am?"

Simon Peter answered, "You are the Messiah, the Son of the living God."

Jesus replied, "Blessed are you, Simon son of Jonah, for this was not revealed to you by flesh and blood, but by my Father in heaven.

Matthew Ch 16 V 13-17

Closing Reading

To trust in the power of God's grace through darkness, isolation, bitterness, and rejection is to be on the way to becoming prayer because it is the way to freedom in God.

Such a profound ability to change is often the fruit of suffering and various forms of poverty. The small self does not surrender without a fight to its death.

If we understand suffering to be *whenever we are not in control*, then we see why some form of suffering is absolutely necessary to teach us how to live beyond the illusion of control and to give that control back to God and the flow of reality.

Unity Prayer

"May God heal all divisions -- those within my own mind, heart, soul and body, and those between all people and groups -- that we may be one Body in Christ, unified in every way and on every level, and thus manifest the Living Christ by our very lives. Amen." From the Contemplative Outreach United in Prayer Day 2020